

# JAMES 1:23-24

## THE MIRROR OF TRUTH

### HEAD

Memorize what it says.

**“For if anyone is a hearer of the word and not a doer, he is like a man who looks intently at his natural face in a mirror. For he looks at himself and goes away and at once forgets what he was like.”**

*James 1:23-24 (ESV)*

### HEART

Understand what it means.

**To hear the truth and do nothing, is to deceive yourself; like seeing a problem in your reflection in a mirror, but walking away and ignoring the problem.**

Compare Jesus' parable of the wise and foolish builders in Luke 6:46-49.

Read about hearers and doers in James 1:22 and vs. 25.

### HANDS

Put it into action.

**Remember that God's Word gives us a true picture of who we are (like the mirror) and has the power to set us free (the law of liberty). But we must take action in order to benefit from the truth God gives us.**

**BE A DOER, NOT JUST A HEARER.**

# BONUS VERSE STUDY QUESTIONS

## JAMES 1:23-24: THE MIRROR OF TRUTH

- What is the mirror of truth?
- How is hearing God's Word like looking into a mirror?
- What is the danger of ignoring what we see in the mirror?
- How do we deceive ourselves (James 1:22)?
- What did Jesus say about wise & foolish builders (Luke 6:46-49)?
- What should happen when we see a problem in the mirror?
- What does this passage say about hearers and doers?
- Does knowing the truth change you?